



*On June 21, 2023, is it still the undisputed Friendliest Club in the District? Yup!*

**Dr. Otto  
Janke**

**CORTLAND FASTBREAK  
ROTARY**

AS HE RUMINATED ABOUT HIS 31 YEARS IN PRACTICE,  
DR. OTTO JANKE BROUGHT UP THE WORD  
“CHRONICITY”: A PAIN OR ILLNESS CONTINUING FOR A  
LONG TIME.

DR. OTTO ASKS HIS PATIENTS HOW THEY CAN HELP HIM  
HELP THEM. HE SEES HIMSELF AS A FIREMAN WHO PUTS  
OUT FIRES, AND AN ARCHITECT TO IMPROVES PEOPLE’S  
HEALTH.

THERE ARE TWO TYPES OF PEOPLE WHO LISTEN TO DR.  
OTTO: 1). PEOPLE WHO THINK THEY ARE TOO OLD;  
2). PEOPLE WHO THINK THEY ARE TOO YOUNG.  
OUR HEALTHCARE SYSTEM HAS NOT FILLED OUR NEEDS,  
AND HAS TURNED THE GREATEST GENERATION INTO THE  
DISPOSABLE GENERATION. COVID WAS VERY BAD FOR  
PEOPLE OVER THE AGE OF 54.

DR. OTTO EXPLAINED THAT THERE ARE TWO PEOPLE IN EACH OF OUR FUTURES, WHO  
LOOK JUST LIKE US ; EITHER:

1. Those that can dance every dance at their grandchild's wedding because they are alive, energetic, and independent., and
2. Those that can't, because they are none of those.

While Dr. Otto doesn’t promise that you will run the 100 yard dash in 10 seconds, his job is to make sure you can run the 100 yard dash.

WE THANK DR. OTTO FOR BEING OUR SPEAKER, AND FOR BEING A LONE VOICE IN THE  
WILDERNESS ABOUT THE STATE OF OUR HEALTH.

*PRESIDENT  
FRONT DESK.*

*THOUGHT FOR THE DAY.  
VISITORS.*

*ROTARY ANNIVERSARY.  
RAFFLE.  
ATTENDANCE.*

*SOMETHING YOU DON'T KNOW ABOUT ME.      LEE SCHAFF.    GREW UP IN  
HOMER, AND WENT TO EARLY SCHOOL AT THE LITTLE WHITE CHURCH IN THE  
HOMER GREEN. HE WAS SELECTED IN THE 2ND GRADE TO BE PRESENT AT THE  
LAYING OF THE CORNERSTONE AT THE NEW SCHOOL.*

**CONRAD JANKE  
EDEN HARRINGTON-HALL  
TERRY CAHILL  
VALERIE KAISER  
STEVE DANIELS, CHARLENE URTZ,  
LAURA SPENCER, DR. OTTO JANKE  
JOHN DERMODY.  
CONRAD JANKE  
25 + 3 ZOOM**

## **ANNOUNCEMENTS**

**DON RICHARDS** THANKED EVERYONE, ESPECIALLY KAREN DEWITT, WHO HELPED TO SUPPORT THE 32ND ANNUAL MCGRUFF GOLF TOURNAMENT. WE HAD 23 TEAMS, AND A WONDERFUL DAY TO PLAY GOLF!

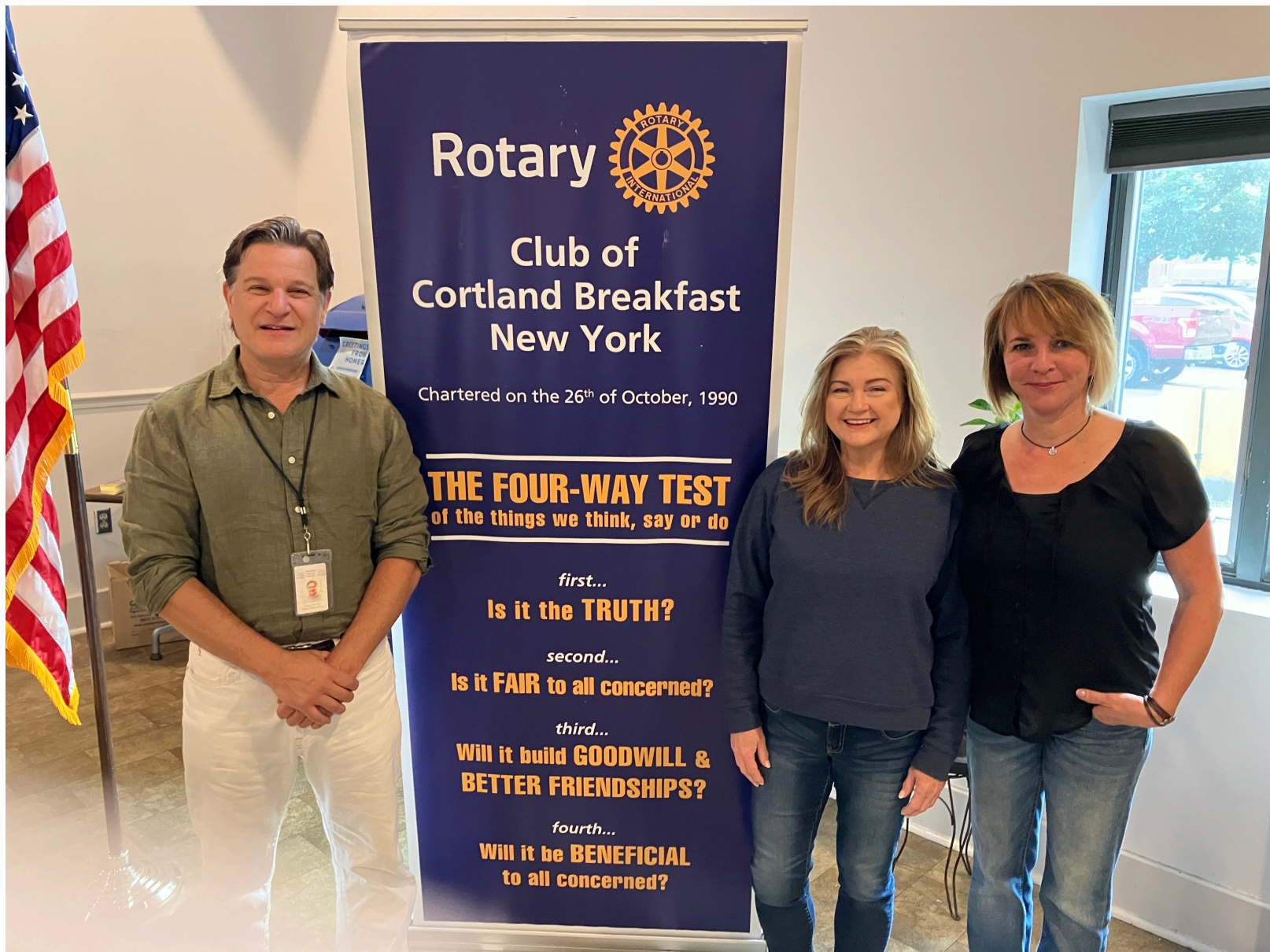
**MIKE SHAFER** REMINDED US THAT JUNE IS ROTARY FOUNDATION MONTH, AND EACH ROTARIAN IS ENCOURAGED TO CONTRIBUTE AND SUPPORT THE WORK THE FOUNDATION DOES.

**CHUCK FEISZLI** REPORTED THAT THE NOON ROTARY CLUB HAD A SUCCESSFUL LITTLE YORK OPEN SWIM, WITH 20:SWIMMERS TAKING PART.

**MIKE CATALANO** REMINDED THAT SEVEN VALLEY SCHOOLS IS HAVING ITS GRADUATION THIS FRIDAY AT 6PM AT BOCES, AND THAT HE WILL BE PRESENTING THE GRANTHAM AWARD TO A STUDENT. ALL ARE WELCOME TO ATTEND.

## **HAPPY DOLLARS**

**DON RICHARDS** IS THANKFUL FOR THE MCGRUFF TOURNAMENT AND FOR SEEING **STEVE CINQUANTI** ON ZOOM; **JACKIE BURKE** APPRECIATED **STEVE DANIELS** AND **CHAR URTZ** ATTENDING AND FOR **CONRAD** AS PREZ; **BOB MARTIN** THANKED PREZ **CONRAD**; **MARK ROBERTS** HAD A SAD DOLLAR FOR NOT RINGING SUN GLASSES TO LOOK AT **MIKE SHAFER'S** SHIRT; **MATT BANAZEK** FOR PREZ **CONRAD**; **MIKE SHAFER** FOR HIS SHIRT FROM PUERTO RICO AND FOR MCGRUFF; **CONRAD JANKE** FOR OUR SPEAKER AND GUESTS; **PAT CLUNE** FOR THE MCGRUFF; **CHUCK FEISZLI** TRIED TO COME IN LAST AT THE MCGRUFF AND FAILED; **VALERIE KAISER** IS HAPPY TO START A NEW JOB TOMORROW AND SHE FINISHED A SWEATER ; **STEVE DANIELS** CONTRIBUTED FOR **DR. OTTO** AND FOR **JACKIE BURKE**; **KURT BEHRENFELD** FOR MAKING IT THROUGH THE MORNING; **JEREMY BOYLAN** HAD A WARM GLOW SEEING THE JANKE FAMILY HERE; **KAREN DEWITT** FELT GOOD ABOUT THE MCGRUFF.

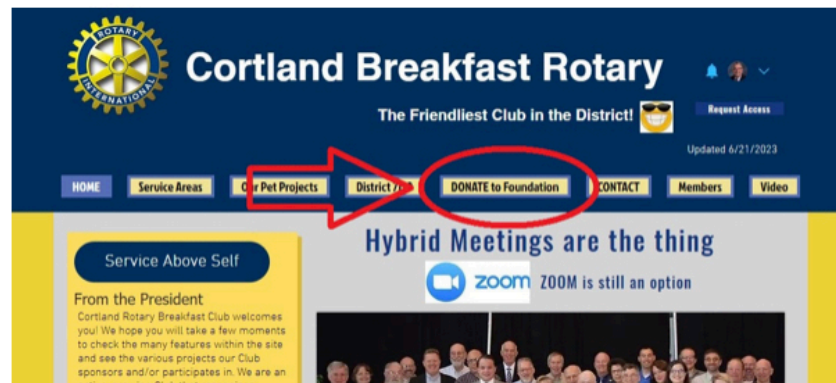


Our Jackie Burke is President of the local Kiwanis Club; Steve Daniels and Charlene Urtz from the Kiwanis attended our meeting. They look pretty good next to the Rotary sign!

# Donate to PHF

It's easy to make your donation to the foundation by going straight to the club website and clicking the Foundation link.

<https://www.cortlandbreakfastrotary.org/>



Cortland Breakfast Rotary Club

The golf team Chuck Feiszli tried to be on and failed—the last place McGruff team! Gregg Gates, Peg Gates, Ed Finsterwalder, Dianne Higgins.



## **No Meeting Wednesday, June 28**

Join us for the Pass the Gavel/Paul Harris Dinner

Thursday, June 29, cocktails at 530 pm

Center for the Arts

## **No Meeting Wednesday, July 5**

Join us at 7am for our monthly Board of Directors meeting,  
via Zoom. All are welcome