



Josie's Journey

It is amazing what a pet can do for us! He listens to whatever we say, does not judge us, and shows us compassion when we need it. Tammy Barrows-Goddard introduced us to Finnley, a 10 month old Yorkipoo, who is learning the ropes with Tammy's 5 other dogs.

Cortland Breakfast
ROTARY

September 8, 2021

Josie's Journey was founded in memory of a special Chocolate Labrador Retriever named Josephine. Josephine was kind, gentle and a companion who brought love and calmness to everyone. Josie was always there for Tammy when she needed comfort, so to honor all that Josie gave her, Tammy decided to carry on her name and spread comfort to anyone in need during times of stress and crisis.

Spread comfort to anyone in need during times of stress and crisis.

President for the day--**Conrad Janke**

Invocation--**Patrick Clune**

Visitors and Guests--**Tammy Barrows-Goddard; Finnley; Sheila Ryan; Andy Chernow**

50-50--**Dianne Higgins**

Front Desk--**Jim Hopkins**

Happy Dollars



Steve Cinquanti--Zoom improving; **Conrad Janke**--for Tammy Barrows and Jackie Burke; **Andy Polley**--41st anniversary and for Penn State win; **Jackie Burke**--back after absence; **Andy Chernow**--happy about his 9lb. dog; **Don Richards**--for Club's fundraising efforts; **Jeremy Boylan**--Don for all the work he does and for Sheila Ryan in CNY Woman of Distinction; **Pat Clune**--happy for Don; **Jim Hopkins**--Ride for Rotary, Don, and Sheila; **Sheila Ryan**--for Rotary's help

GAMES

Know Your District!

The names of nine towns were given, were they in District 7170? Steve C. knows!

Rotary Poker!

Each member was given a playing card, and will be given one each week for the next four weeks. Best poker hand gets a prize!

Announcements

In June, the Cortland Breakfast Rotary held the 19th Annual Ride for Rotary and the not as old Run for Rotary. Today we distributed the fruit of these efforts with \$4000 checks to the Center for the Arts and The Living History Center. **Jeremy Boylan** and **Don Richards** handed **Sheila Ryan** and **Cindy Stoker** plaques of the sponsors for the Ride for Rotary along with their checks. Great job, everyone!



Rotary Fall Chicken Barbeque--Don Richards

On Saturday, September 18, we will be at Bob's Barbeque to raise money for the food pantries of the Cortland area. All meals from noon to 3pm will have part donated to Rotary.

We are asking each Rotarian to buy or sell 6 meals. Also, we will need help from 1130am to 330pm. Contact Don at 607-745-7779.

Rotary Clean Up--Jeremy Boylan

September 25 is the annual River Clean Up, where we take on the mighty Tioughnoga River. We will be starting at two spots, and working toward each other. Garbage bags will be provided, and Don Richards will drop off a 14' trailer. Jeremy will also have kayaks for the hard to reach items.

We need volunteers for this important event; reach Jeremy at 607-423-6225 or jboylan@baileyplace.com.

Rotary Youth Exchange is back!

Tom Overbaugh of District 7170 has announced that International Youth Exchange is back for 2022. Please let us know of any students who would like to know about the Youth Exchange Program. Also, we will need a Youth Exchange Officer. Contact Conrad if interested.

JOSIE'S JOURNEY - CANINE COMFORT SERVICE



Mission & Vision

Josie's Journey uses the presence of canines to provide support, comfort and encouragement to individuals and/or groups during times of crisis and stressful situations.

Josie's Journey is able to operate through the use of volunteers, grant funds, sponsorships and donations, canines will provide a free of charge support session to individuals during times of crisis.

ESTABLISHED IN 2019

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Our Services

- Medical Appointments
- Calling Hours/Funerals
- Hospice
- College Visits During Finals
- Haircuts
- Child Care Centers
- Testifying in Court
- Foster Care Placement
- Support Groups



Josie's Journey Canine Service, is a dog and owner team who together, provide comfort, affection and support to individuals and groups. Our service offers comfort and calmness in a way that only a canine can.

Our canines come in all sizes, and our visits range from 1:1 comfort sessions and dog appearances that offer smiles and wagging tails, to story time with a dog and trick demonstrations.

FOUNDER
Tammy Barrows-Goddard

1/4 of Social Workers
use canines in their work

Canines in healthcare &
therapy is on the rise