

CORTLAND BREAKFAST ROTARY NEWS

We Have Fun, And We Get Things Done!

 CORTLANDBREAKFASTROTARY.ORG

 EDITED BY SOPHIE WELBURN



President Mark Roberts

Front Desk:

Pat Clune
Jessie Farrell

Thought for the Day:

Jeremy Boylan

Raffle Winner: Doug Withey

Attendance: 19

Zoom: 1

Guests:

Carol Tytler
Kim Hay
Frank Kelly
Anna McGraw
Michael Ragsdale

“Safe & Comfortable Sleeping Conditions for Kids”

Carol Tytler, Kim Hay, and Sleep in Heavenly Peace



The Cortland Breakfast Rotary Club welcomed guest speakers Carol Tytler and Kim Hay to introduce Sleep in Heavenly Peace (SHP), a non-profit organization for which Tytler and Hay are looking to expand services into Cortland County.

As members of the P’s & Q’s quilters group through the United Presbyterian Church of Cortland, Tytler and Hay provide quilts to children who are seriously ill or traumatized through Project Linus, but felt a desire to impact children in Cortland County more directly.

SHP is a national organization with local chapters dedicated to providing beds for children in need. Based on an estimate that 2-3% of children in the U.S. don’t have beds of their own to sleep on, there are likely around 167-251 children in Cortland County that are either sleeping on floors or couches, or sharing overcrowded mattresses.

Sleep quality affects physical and mental health, as well as academic performance, so SHP strives to ensure kids have safe, comfortable sleeping conditions. To achieve this, SHP provides a volunteer-made bed frame, brand new mattress, sheets, comforter, and pillow- all free. (continued on page 2)

UPCOMING EVENTS

Area 17 Social Gathering

 April 2, 2026 @ 5:30pm

Join us at Vespar Hills Golf Club in Tully for an evening of fun and fellowship!

Ride for Rotary

 May 31, 2026

McGruff Tournament

 June 18, 2026

Sleep in Heavenly Peace continued...



Images from Sleep in Heavenly Peace- Syracuse, NY Facebook page.

The closest SHP chapter is located in Syracuse, which unfortunately does not technically serve Cortland County, so could not provide for the over forty requests for beds that came in from Cortland last year.

But Tytler and Hay have a plan to remedy that. Cortland will initially become a hub of the Syracuse chapter, and on August 8th the Syracuse SHP will provide the tools, training and supervision for a "Build Day" in Cortland. With a goal to build fifty beds, Tytler and Hay are seeking sponsors, volunteers (at least fifty, no carpentry skills required), donations of brand new bedding, and assistance in spreading the word in the community. Part of the process also includes volunteers delivering and setting up of the beds in each home

Based on the success of the event and the community's need, Tytler and Hay might be able to pursue creating a new SHP chapter in Cortland to consistently meet local children's needs.

[LEARN MORE ABOUT SLEEP
IN HEAVENLY PEACE HERE](#)



3/29- Lee Schaff

Anniversaries

Mark Helms 3/29/2017



Cortland Breakfast Rotary Club members venture out into our community to help Senior citizen who need a hand, raking leaves, collecting brush, trimming hedges, cleaning gutters, etc.!

[SIGN UP FOR A TEAM
HERE](#)

Happy Dollars

Conrad Janke: For his guest, Michael; for our speakers, his mom was active in the Democratic party with Carol Tytler, and Kim Hay's father-in-law was his boss at Marine Midland Bank.

Jackie Burke: For our two speakers.

Jeremy Boylan: Opening day for the Yankees.

Frank Kelly: For Anna, his granddaughter; his alma mater has finally gotten a basketball coach.

Bob Martin: He was pictured in the Cortland Standard in an article about the Corn Ducky Derby banner, tickets available! This Saturday is Lime Hollow's maple sugaring event.

Doug Withey: Corn Ducky Derby tickets- buy ten get one free!

Chrissie Allen: Happy to be back after being away a while; for our speakers; for her daughter being home for spring break.

Ed Finkbeiner: Enjoyed a trip to Williamsburg/Yorktown; for Anna, our outgoing exchange student at his table.

Karen DeWitt: Caught up with former exchange student from Brazil from six years ago, he's in college and working two jobs, but getting along good.

Mark Roberts: Getting to watch his son's dog, a two-year-old golden retriever whose "butt enters every room before the rest of him."

Banners



CONFERENCE 2026
Strength in Every Ability

- Service Without Limits
- Fellowship Without Barriers
- A Public Image That Reflects All of Us

REGISTRATION
NOW OPEN

SATURDAY, APRIL 11
SYRACUSE MARRIOTT DOWNTOWN

CNY
Rotary

More info at CNYRotary.org

[LEARN MORE HERE](#)

No Wednesday morning
meeting on 4/1!



*Four Club
Social Gathering!*

Fun and Hospitality!

Hors' d'oeuvres! \$15

Thursday, April 2
530-730pm

*Vesper Hills,
4589 Octagon Rd., Tully*

*First 55 people to send
Conrad Janke \$15 are in!*