

# CORTLAND BREAKFAST



ROTARY. 12-21-22



Type to  
enter

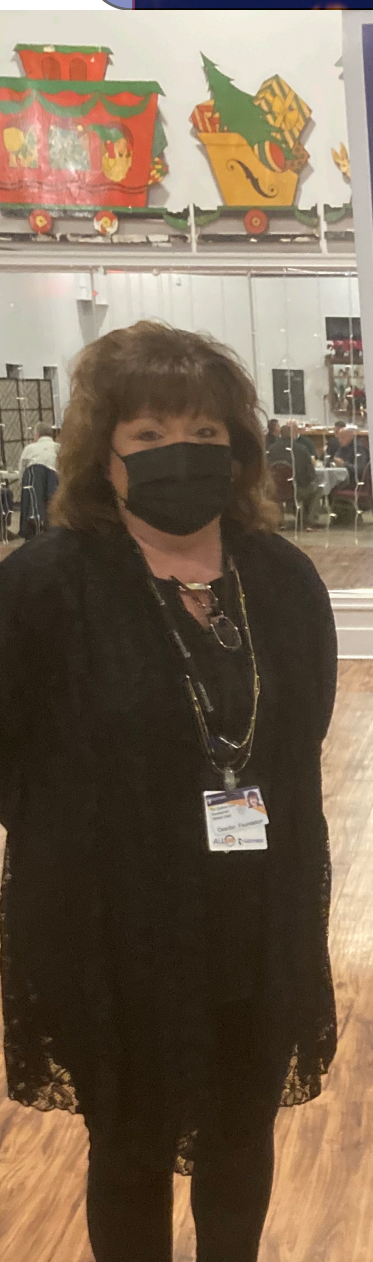
"The  
the



Friendliest  
Whole



Club in  
District!



Rotary



Club of  
Cortland Breakfast  
New York

Chartered on the 26<sup>th</sup> of October, 1990

**THE FOUR-WAY TEST**  
of the things we think, say or do

first...

Is it the **TRUTH**?

second...

Is it **FAIR** to all concerned?

third...

Will it build **GOODWILL &  
BETTER FRIENDSHIPS**?

fourth...

Will it be **BENEFICIAL**  
to all concerned?

**Sheila  
Ossit**

**Cortland  
Memorial  
Foundation**





**Sheila Ossit** is a SUNY-Cortland alumna, and is very involved with the community. The Cortland Memorial Foundation was founded in 1978, and is separate from the Hospital. It raises funds for the Hospital and the nursing center, and benefits the medical center. The Foundation affiliated with Guthrie in 2019, and has a huge commitment to the community.

Guthrie has accomplished a lot since 2019, having retained 84% of its employees, and signed on 72 doctors and nurses. It has joined the Mayo Network, which has expanded the Hospital in many ways: OB/GYN, pediatric care, and the Renzi Cancer Center. A lot of Sheila's time is in development resources and capital campaigns. They are involved with many fund raising activities; the golf tournament alone has raised \$1.3 million since its inception.

In 2023 the Foundation has several goals. It is adding a Behavioral Health Suite, which will provide private rooms for patients. It is installing a new parking lot on the Alvena Ave. side, and will be modernizing the elevators and improving the wifi in the Hospital. Thank you for your timely information and important work, and we hope to see you again at one of our meetings!

## **Cortland Memorial** FOUNDATION

**Sheila Ossit** is the Director of Cortland Memorial Foundation at Guthrie Cortland Medical Center. Prior to this role, Sheila was Director of Development for Foodnet Meals on Wheels of Tompkins County, where she was instrumental in securing grant funding for kitchen equipment, as well as for co-chairing Foodnet's annual Mac N Cheese Bowl—their signature fundraising event. Sheila was previously the Officer of Operations and External Relations for the School of Music at Ithaca College. Among her duties, she managed guest artist contracts, arranged for performance opportunities with local/regional partners, oversaw concert tours, facilitated alumni events, and provided promotional support for concerts. She was the School of Music liaison for IC's Family Weekend, Network Nights, and was on the Alumni Weekend and IC Partnership Pathways Committees. She also provided direct support to the Dean for Council of Advocate initiatives and National Conferences. Sheila produced the IC halftime show for the Cortaca Jug Game at Met Life Stadium in 2019.



Before starting at IC in August of 2017, Sheila was the Executive Director for the Cayuga Chamber Orchestra (Ithaca's professional orchestra) for nearly 13 years. She was devoted to the success of the organization, and played lead roles in fundraising, development, expanding the reach and quality of the orchestra, facilitating educational outreach, and cultivating community relationships in the Ithaca and surrounding areas. She worked closely with internationally known music directors, Kimbo Ishii-Eto, Lanfranco Marcelletti, and many world-renowned artists and soloists. Under her leadership, the Family Concert Library Series and the Cayuga Chamber Orchestra's Youth Orchestra were created.

Sheila has been an active member of St. Anthony's Church in Cortland for over 28 years. She is currently a committee chair for the St. Anthony's Festival. Sheila is on the Board of Directors for the Cayuga Chamber Orchestra, Foodnet Meals on Wheels, and is a social member of Stella D'oro here in Cortland. She is also a member of the Cortland Lunchtime Rotary.

A proud breast cancer survivor, Sheila supports causes related to breast cancer awareness and research. A member of the Groton community for over 23 years, Sheila was co-chair of the Groton Recreation Committee for many years, and she ran several youth programs in Groton. She was also president of several Groton after-prom party committees, a youth sports coach, secretary for Groton Youth Football and Cheerleading, and she oversaw advertising and publicity for the Groton HS Musical programs.

Sheila and her husband, Kevin, moved back to Cortland in 2019, after raising their family in Groton. They have three adult kids (Zack—a history teacher, Nathan—an environmental scientist, and Maggie—an English teacher), two dogs, a "grand-cat" and a few "grand-turtles". Sheila enjoys gardening, cooking, wine tasting, and hosting huge gatherings for their friends and slightly enormous extended family.

Sheila graduated from SUNY Cortland with a BA in Communications/Media Relations, and has worked most of her career in fundraising, project management, community relations, and development.

**President.** Conrad Janke.  
**Front Desk.** Mike Shafer, Mark Roberts.  
**Invocation.** Mark Roberts.  
**Visitors/Guests.** Sheila Ossit  
**Happy Birthday.** Regina Grantham  
**Rotary Anniversary.** Maria Gimma  
**Rotary 1/2 Minute.** Andy Polley. 1)  
**Joined Rotary in 1998.** 2) Sponsor was Tom  
**Gallagher** 3). **Memorable Moment** was  
**going to a Rotary meeting in Sicily with**  
**wife and daughter.**  
**Raffle.** Conrad Janke.  
**Attendance.** 22 + 6 Zoom



**Board meeting on**  
**Tuesday, January 3,**  
**7am, Zoom. All are**  
**welcome to attend.**

**Many thanks to Don**  
**Richards for**  
**sponsoring the**

**Delaney Bros. Xmas Concert this past Sunday at the**  
**Center for the Arts, and for inviting Rotarians to**  
**attend.**

**Second round of ballots for the Board of Directors is**  
**today.**

**Our guest Speaker on November 30, Jean Quinn of**  
**Arnold's Florist, is on the cover of What's Hot**  
**magazine .**

**Last Friday, December 16, our Club distributed food**  
**baskets at Loaves and Fishes. Thanks to : Don**  
**Richards, Greg Richards, Mike Shafer, Don Ferris,**  
**Conrad Janke, Jackie Burke, Kurt Behrenfeld, and Bob**  
**Martin for a job well done! (p. 4)**

**President Conrad Janke and President-Elect Don-**  
**Richards will both be out of town the last three weeks**  
**of February, three volunteers are needed to run one**  
**meeting each. Speakers and agenda provided. Not**  
**that hard and a lot of fun!**

**In addition, President Conrad thanked the Club for**  
**their cooperation in attendance, volunteering, and**  
**advice over the last six months, and looks forward to**  
**an even better six months!**



**Mike Shafer**—for the help at Loaves and Fishes;

**Pat Clune**—for Don Richards sponsoring the Delaney Bros.;

**Kathie O'Mara**—visited Mom in Olean;

**Jeremy Boylan**—it is easy to fill in as President;

**Don Richards**—appreciated the attendance at Delaney Bros. Concert;

**Mark Hahn**—having **Sheila** as our Speaker;

**Terry Cahill**—happy for the holiday season;

**Bob Martin**—Delaney Bros. was the first concert he has been to since the pandemic, for Loaves and Fishes;

**Conrad Janke**—for **Sheila** and the Delaney Bros.;

**Mark Roberts**—recalled the first day he opened the Medicine Shoppe and Tony Bonarti's remarks;

**Mike Catalano**—his oldest son graduated from Nursing School;

**Steve Cinquanti**—happy for the holidays

**"Alone we can do so**  
**little; together we**  
**can do so much."**  
**- Helen Keller**






**Volunteers at Loaves and Fishes, December 16, 2022:  
Greg Richards, Conrad Janke, Don Ferris, Jackie Burke,  
Kurt Behrenfeld, Bob Martin, Mike Shafer. Not pictured:  
Don Richards.**



AS 🌀 HANUKKAH 🌀 KWANZAA 🌀 CHRISTMAS 🌀 HANUKKAH 🌀 KWA

# MAY THE LIGHT SHINE FOR YOU ALWAYS

Wishing you a blessed  
festive season.

Rotary 





WELCOME 2023!

SEE YOU ON  
JANUARY 4!