



Cortland **Breakfast** Rotary

CENTER FOR THE ARTS, HOMER, NY

WEDNESDAY, AUGUST 17, 2022

STEPHEN FINE

MELANOMA EDUCATION FOUNDATION

While Melanoma appears most notably to individuals over 40, it can affect children as young as eleven. The first two phases are basal cell and squamous cell, and are curable. Melanoma is the third phase, and is divided into radial melanoma and nodular (under the skin) melanoma.

Although melanoma can strike someone no matter the condition of their health, it is the easiest of all cancers to self detect. Stephen explained to us how to use mirrors and a brush to check for skin cancer. If we see anything, consult a dermatologist. We have to be our own advocate— “when in doubt, have it out.” The most common place for men to have skin cancer is on the back, females is on the back of the upper leg. How do we avoid melanoma? We need to protect ourselves from the sun: plenty of sunscreen of at least 30SPF, protective clothing including hat with a brim, and sunglasses. Tanning bed? Ten times worse than the sun!



THERE ARE 200,000 NEW CASES OF
MELANOMA A YEAR—5 TIMES MORE
THAN AIDS

Melanoma can affect anybody of any age and any race. Reggae star Bob Marley passed away of Melanoma at age 38.

www.skincheck.org

PRESIDENT
CONRAD JANKE

FRONT DESK
DON RICHARDS,
TYLER KROWIAK

INVOCATION
MARK HAHN

Happy Birthday!
BOB MARTIN
ERIC COMTOIS
TYLER KROWIAK

RAFFLE
GLENN REISWEBER
22 IN ATTENDANCE, 3
ZOOM

ROTARY 1/2 MINUTE:
CHUCK FEISZLI
1) Joined Rotary in 2007;
2) Sponsor was Bill
Masterson; 3) Memorable.
Moment was pulling out
shopping carts from the
river for River Clean-Up



Dues were due July 31! President Conrad does NOT want to call you on September 1 if your dues are not current! How do we pay the dues? www.CortlandBreakfastrotary.org, go to Members, scroll down to Pay Your Dues. (if you don't quickly get in, Steve Cinquanti will email you and let you in). Dues can be paid with cash, check, Venmo, or with credit card (extra fee for credit cards).

Don Richards will have an Autumn Event meeting after next Wednesday's meeting to discuss plans for working Pumpkinfest.

Jeremy Boylan emailed the Club that the Annual River Clean-Up will be Saturday, September 24. More details at next week's meeting.



Jeremy Boylan—spent a week in South Carolina, President's motorcade was one mile away;
Bob Martin—vacationed in Cape Ann, MA, his daughter was able to visit him at the Cape;
Matt Banazek—shared a Favorite Feiszli Moment, is leaving for a trip to Germany next week;
Pat Clune—went antiquing with his wife to Madison-Bouckville and contributed his last dollar;
Don Ferris—attended the Brockway Truck Show in Homer;
Conrad Janke—Brockway Truck Show and Pancake Breakfast at Living History Center.