

Cortland Breakfast Rotary

¡El maldito club mas amistoso del distrito!



Rotary



Club of
Cortland Breakfast
New York

Chartered on the 26th of October, 1990

THE FOUR-WAY TEST
of the things we think, say or do

first...

Is it the **TRUTH**?

second...

Is it **FAIR** to all concerned?

third...

Will it build **GOODWILL & BETTER FRIENDSHIPS**?

fourth...

Will it be **BENEFICIAL** to all concerned?

LAURA SPENCER

PERSON TO PERSON: CITIZEN ADVOCACY

31 AUGUST, 2022

Laura Spencer is the Cortland Program Coordinator for Person to Person: Citizen Advocacy, a nonprofit organization whose mission is to reduce the risk of social isolation for adults with developmental disabilities. She shared her experience of watching friendships make a positive, life-long impact in our Cortland community. Person to Person fosters meaningful relationships by creating one-to-one relationships between volunteers (advocates) and clients (protégés) and by building community connections. These matches sometimes enjoy a cup of coffee, go to a movie, do crafts, talk over the phone, go shopping, among other things. As a group, participants will meet for various activities like doing crafts, riding a boat on the Erie Canal, renting a private movie theater, chatting over Zoom, and a holiday party. The Person to Person District encompasses Onondaga, Oswego, and Cortland counties; they are always happy to find more individuals they can serve and neighbors who are interested in volunteering. Advocates do their best to be the sunshine in someone's day; thank you **Laura**, for being the sunshine in ours!

President.

Conrad Janke

Front Desk.

Don Richards, Jim Anderson

Invocation.

Kathie O'Mara

Guests.

Laura Spencer. Raffle. Pete Williams

Rotary 1/2 Minute.

Karen Dewitt. 1). Joined in 1994; 2). Sponsor was Clyde Cook;

3). Memorable Moment—bringing Brazilian Exchange Student to Florida to see parents as a surprise.



Dues are due—today!

Board meeting, Tuesday, Sept. 7, by Zoom, all are welcome.

Don Richards—Chicken Barbeque, September 17, 1130am to 330pm; sheets handed out for Pre-orders.

Don Richards—Pumpkinfest: Cortland, October 1; Anderson Farm Market October 15

Jeremy Boylan—River Clean Up, September 24

K u r t

Behrenfeld—was in South Africa for two weeks, is home catching up on sleep.

Karen Dewitt—husband's son is getting married, family coming in.

Lee Schaff—had two surgeries, glad to be back.

Andy Polley— glad to be here in person and see happy faces.

Pete Williams—happy we allow people from Maryland in the room.

Making the world a better place



Become an Advocate

Person to Person: Citizen Advocacy is always looking for members in the community to become a Citizen Advocate for a protégé. A protégé is a person with a developmental disability. Learn more about how you can become an advocate.

[GET INVOLVED](#)

Fundraisers and Events

Join the fight today. Be a part of your community that helps a neighbor. Support our fundraisers and events to end social isolation and uplift the lives of the individuals we serve.

[SEE EVENTS](#)

Meet the Staff

Curious about Person to Person: Citizen Advocacy? Join the conversation. Get in touch with our team members today. Start your journey on helping others in the community and being the long lasting relationship of friendship.

[MEET STAFF](#)

THE PERSON TO PERSON WEBSITE: PPCADVOCACY.ORG



Some of the interesting articles in the September 2022 edition of **Rotary** magazine.

Page 12: Lessons in Fatherhood, how support for dads helped one in Mongolia and one in Illinois.

Page 51: With The Power of Heavy Metal, a Rotary Fellowship called The Metalhead Fellowship is raising money for cancer research.



With the power of heavy metal

The **Metalhead Fellowship**, a Rotary Fellowship of heavy metal music lovers, often hosts fundraisers to support The Rotary Foundation and the Wacken Foundation, a nonprofit that promotes young metal talent around the world. In its most recent gig, however, the fellowship turned to a different cause. The group teamed up with Hostage, a new metal band from Germany, to raise money for cancer research and treatment.

As part of the campaign, Hostage released a new song, "Cancer," to raise money leading up to World Cancer Day on 4 February 2022. It's a hard-hitting song about the painful and devastating disease of lung cancer. Donations collected through the song's promotion went to the Union for International Cancer Control, a Geneva-based organization.

"To our surprise, we received support from well-known commentators in the metalcore scene, who publicized the campaign on their channels," says Marcos Ricardo Klitzke, co-founder of the fellowship, as well as a member of the Rotary Club of Timbó-Pérola do Vale, Brazil. And the fellowship's chair, Felix Heintz, was able to promote the fundraiser during a Rotary International webinar. "The campaign has helped increase the fellowship's membership," Klitzke adds. "We now have 207 members in 18 countries. Our fellowship group has shown the Rotary universe many new possibilities." — RENATA CORE



The Metalhead Fellowship teamed up with Hostage (above), a metal band in Germany, to raise money for World Cancer Day 2022.