

CORTLAND BREAKFAST ROTARY NEWS

Together We Serve, Together We Make a Difference



CORTLANDBREAKFASTROTARY.ORG



EDITED BY SOPHIE WELBURN



President Terry Cahill

Front Desk:

Jim Anderson

Kim Cameron

Thought for the Day:

Jeremy Boylan

Raffle Winner: Kathie O'Mara

Attendance: 27

Zoom: 0

Guests:

Deborah Glisson

"This is not Rotary"

Deborah Glisson and Uncovering Unconscious Bias



The Cortland Breakfast Rotary Club welcomed Deborah Glisson, who currently serves as the Learning Committee Chair for CNY Rotary, and has previously served in various capacities for District 7150, including District Governor, as guest speaker this week.

Glisson shared a new presentation that she has been developing with a message she believes needs to be widely shared with Rotary districts and clubs.

Two years ago, Glisson was asked by the RI President, Stephanie Urchick, to act as her representative at District 6990 in the Florida Keys. In preparation, Glisson had to complete fourteen courses on the Rotary Learning Center, one that covered how to recognize and address bias. After the course, she became much more aware of the instances in which she began to act on unconscious bias, including in preparation of her trip to District 6990. (continued on page 2)

UNCONSCIOUS BIAS

involuntary stereotypes or attitudes held about certain groups of people that may influence our behaviors, understandings, and actions, often with unintended detrimental consequences.

UPCOMING EVENTS

Club Photo

* November 4, 2026

Alzheimer's Walk

* October 24- Ithaca
November 8- Syracuse

Area 13 Meeting- Hopshire

* November 14, 2026

Unconscious bias continued...

Glisson shared several examples of bias that most often show up in regards to gender and race. Stereotypes are oversimplified, generalized images or ideas that can cause us to make decisions quickly, often too quickly, potentially leading to harming others.

Glisson also described several personal experiences, including a trip she took to New Orleans following the hurricane, during which a girls' soccer team helped rebuild a home- but the most bias-busting moment was when the group of girls refused to see part of their work undone in order to get a tub inside, and instead physically lifted it up and over the wall into the home.

In conclusion, Glisson explained that unconscious bias can shape Rotary culture, so we must ensure we are proactive in noticing and addressing our biases to create the welcoming culture that Rotary strives to emulate.

Banners



Steve Cinquanti 10/5
Valerie Kaiser 10/6
Richalle Cicioni 10/10
Dianne Higgins 10/13

Anniversaries

Richalle Cicioni (10/10/2010)

NEXT WEEK'S
THOUGHT FOR THE DAY:
CHUCK FEISZLI

NOV. 4TH 
Club Photo

**MAKE SURE TO BE AT THE
MEETING OF NOVEMBER 4TH
TO BE IN THE CLUB PHOTO!**

Happy Dollars

Jeremy Boylan: Grateful for Karen DeWitt's work as Youth Exchange Chair.

Deb Glisson: Rotary- next director is Louisa Horne; personal- son is a submariner and deployed.

Conrad Janke: For Deb Glisson, our speaker, for trip to Lake George.

Kathie O'Mara: Son has graduated from walker to crutches after leg injury.

Kim Cameron: Thank you again for club's contribution to the League of Women Voters for the Cortland Votes initiative, they'll be putting up a banner on Main Street to encourage voting.

Doug Withey: For the work Karen DeWitt has done for the Youth Exchange.

Sophie Welburn: For Jeremy Boylan's post about the monarch butterflies his family raised this year.



[REGISTER FOR DLA HERE](#)

[REGISTER FOR RLI HERE](#)

Morning: Rotary Leadership Institute (RLI)

Just \$25/person includes breakfast, lunch, and a half day of facilitated learning with members from across our region

Afternoon: District Learning Assembly (DLA)

FREE and starts with lunch, followed by breakout sessions on a variety of topics helpful for club leaders and members alike

These learning events are open to ALL members, regardless of past, current, or future leadership intentions. **Understanding more about Rotary, our online tools, our brand, and the best practices for vibrant clubs enhances everyone's member experience!**



[CLICK HERE TO
JOIN THE TEAM!](#)

A Rotary Club of Cortland Social...

(Spouses and Significant Others are welcome too!)

EAT, DRINK and BE SCARY!

Please join us for our 3rd Annual
Halloween Happy Hour



Tuesday, October 27th, 2026 / 5pm-7pm

****This will be in place of our lunch meeting. No lunchtime meeting on Oct 27th.***

At the home of Kevin and Sheila Ossit

4314 Alexandria Drive

Cortland, NY 13045

--Stop by for Chili, Mac n Cheese, and other Fall Favorites!

--You do not need to be in costume (unless you want to!).

We hope to see you!

RSVP appreciated, but not required.

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