

CORTLAND BREAKFAST ROTARY NEWS

Together We Serve, Together We Make a Difference



CORTLANDBREAKFASTROTARY.ORG



EDITED BY SOPHIE WELBURN



President Terry Cahill

Front Desk:

Jim Anderson

Conrad Janke

Thought for the Day:

Michael Ragsdale

Raffle Winner: Joanne Sautter

Attendance: 27

Zoom: 0

Guests:

Frank Kelly

Del Wayne

Dave Perkins

Sophia Lin

UPCOMING EVENTS

River Clean-Up

* September 26, 2026

Alzheimer's Walk

* October 24- Ithaca
November 8- Syracuse

Area 13 Meeting- Hopshire

* November 14, 2026

"Whole new appreciation for trees"

Del Wayne & Dave Perkins on the TREES project



The Cortland Breakfast Rotary Club welcomed Del Wayne and Dave Perkins, members of the neighboring Tully Rotary Club, as guest speakers to provide an update on the TREES project.

Up until now, Tully Rotary has given away around 3500 saplings during their annual giveaway, as well as conducted a highway cleanup. But they were ready to take things to the next level by creating a microforest!

Del Wayne provided a bit more of his personal connection to the project by explaining that his career involved selling commercial timber harvesting equipment but his participation in the Rotary TREES project broadened his appreciation of their role in the world, so much so that he would even be willing to identify as a "tree hugger with benefits."

The microforest project involves the planting of thirteen varieties of trees, three hundred saplings in a plot of land 30 feet by 30 feet (three saplings in each square yard). This kind of dense planting is intended to encourage faster growth of a diverse habitat that would include a shrub, subcanopy, and canopy layer.

(continued on page 2)

TREES continued...

"Lawns are the worst for biodiversity, but a microforest is the opposite." A compact soil system with only a layer of grass with shallow roots provides for poor water absorption, whereas the microforest promotes a softer soil layer that is also ideal for fungi and supporting various insects. Additionally, the microforest acts as a means to help manage invasive species.

After working to prepare the land by plowing, adding manure fertilizer, and tilling, the Tully Rotary Club planted their microforest in April of this year behind the Tully town hall. They had the help of sixty-five volunteers that included Boy Scouts, Girl Scouts, and Cub Scouts. Dave Perkins explained that in order to ensure all volunteers felt useful, they assigned them time slots throughout the day with the guarantee that each volunteer would be able to plant around six trees. They hope that those kids from the nearby schools that helped plant the trees will enjoy watching their growth progress through the years.

Tully Rotary plans to continue planting microforests over the next couple of years, eventually creating a walking path through them for community members to enjoy.

Del & Dave wrapped up by discussing the pros and cons of the project, highlighting the relationship building aspect with the community, and describing how in addition to the educational benefits, and the increased biodiversity are worth the labor intensiveness.



None

Anniversaries

Kim Cameron (9/1/2025)

NEXT WEEK'S
THOUGHT FOR THE DAY:
SOPHIE WELBURN



**Conrad Janke presents
past president Mark
Roberts with the Club
Excellence Award in
recognition of CBR meeting
all of its twenty-six goals
of the 2025-2026 year!**

Happy Dollars

Mike Shafer: Spent two weeks in Maine; been gone a while, glad to be back seeing familiar faces.

Rosie Taravella: Got their New Jersey house sold!

Sophie Welburn: Had a house fire, grateful that it wasn't worse with only damage to belongings from smoke. Currently staying with mom.

Bob Martin: The District newsletter has featured the club with the Meals of Hope and Sleep in Heavenly Peace events, showing how our members volunteer and help the community; stitches come out today!

Glenn Reisweber: For Sophie's work on the newsletter; and for Sophie's mom who works at the Cortland Free Library and is a phenomenal woman, always kind and gentle.

Mark Roberts: Stumbled into the presidency, so the Club Excellence Award really belongs to the club.

Richalle Cicioni: Welcome, Sophia Lin, to Cortland! Sent son off to college.

Chrissie Allen: Kiwanis Club is holding a raffle (see page 5 for info).

Laurie Comfort: For our new exchange student, welcome!

Karen DeWitt: Welcome to Sophia, expects this to be a nice year.

Kim Cameron: For her one-year anniversary; was a Tully Rotary Club transplant, so happy to see Del Wayne & Dave Perkins, and look forward to opportunities to collaborate.

Frank Kelly: Outbound exchange student, Anna McGraw, is doing fine, she survived immersive language school; bittersweet experience of going to cousin's memorial service, having opportunity to catch up with loved ones; had poems rejected from a journal, but wife's quilt achieved "Best of the Net" recognition!

Conrad Janke: Welcome Sophia!

Pat Clune: For being in the Cortland Standard.

Don Richards: For our new exchange student, Sophia; for all the work Karen has put in, will be sad if we lose this program.

Terry Cahill: Welcome to our club, Sophia, sorry you have to get up so early! For our speakers from our neighboring club in Tully.



FINAL APPEAL

NEW EXCHANGE CHAIR
NEEDED
BEFORE OCTOBER!

Help us keep this important
program going in our club!

Contact Karen DeWitt

Welcome!

**Doug Withey with Sophia Lin,
this year's exchange
student from Taiwan**

2026 RIVER CLEAN UP!

Keep Cortland County's lakes, rivers, and streams free of trash!

WHEN: Saturday, September 26, at 8:30 a.m.

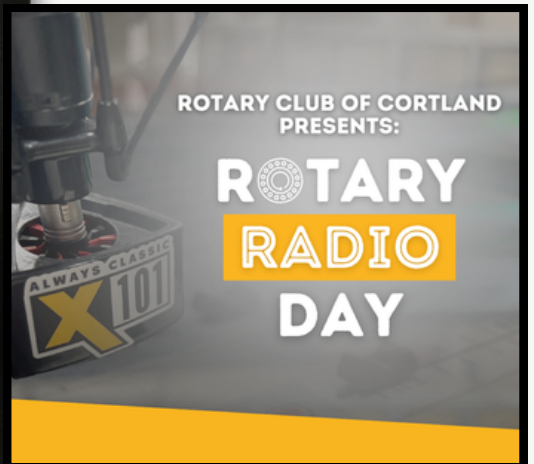
WHERE: Riverside Plaza, near Ollie's.



Plus!

ROTARY CLUB OF CORTLAND
PRESENTS:

ROTARY
RADIO
DAY



You could win an overnight stay for 2 at a Hilton in NYC, 2 tickets to the 67th Cortaca Jug at Yankee Stadium and Cortland swag!

The swag alone is worth over \$100, so even if you can't attend the game, cheer for Cortland at home in style!

If you don't want to attend the game, you can still support our missions by making a donation to your favorite charity group, Kiwanis of Cortland!

All money raised by Kiwanis is used for children in Cortland County. We are 100% non-profit. Thanks to your purchase, or donation, we can send children to summer camp, provide scholarships & school supplies, stock food pantries, build beds and even playgrounds!

Follow the link below to enter!



[ENTER TO WIN!!](#)

CONRAD JANKE IS PLANNING TO FORM A TEAM FOR THE NOVEMBER 8TH WALK IN SYRACUSE- LET HIM KNOW IF YOU'D LIKE TO JOIN!

WALK
TO END

ALZHEIMER'S

Together,

WE CAN END ALZHEIMER'S.

Rotary



ADRAG

ADRAG FELLOWSHIP EVENT



TEAM CAPTAIN

Name: _____

Email: _____

FALL WALK SCHEDULE

SELECT A WALK DATE / LOCATION

☐ SEPTEMBER 26 – Binghamton Walk
Mirabito Stadium!

☐ OCTOBER 3 – Schenectady Walk
Mohawk Harbor!

☐ OCTOBER 4 – Cooperstown Walk
Clark Sports Center

☐ OCTOBER 17 – Utica/Rome Walk
MVCC Utica Campus

☐ OCTOBER 17 – Queensbury Walk
SUNY Adirondack

☐ OCTOBER 18 – Troy Walk
Joseph Bruno Stadium

☐ OCTOBER 24 – Albany Walk
Siena University!

☐ OCTOBER 24 – Ithaca/Cortland Walk
Ithaca College!

☐ NOVEMBER 8 – Syracuse Walk
SRC Arena at OCC!



REGISTER YOUR
CLUB TEAM

National Partnership Teams
Register Here:



TEAM NAME FORMAT:

CNY Rotary – (Club Name)

[https://act.alz.org/site/TR?company_id=187133
&pg=national_company&pw_id=15048](https://act.alz.org/site/TR?company_id=187133&pg=national_company&pw_id=15048)

EVERY CNY ROTARY TEAM WILL RECEIVE:



PRE-WALK
FELLOWSHIP
TAILGATE



TEAM
T-SHIRTS



WALK
BANNER /
CLUB FLAG



SUPPORT ROTARY'S
COMMITMENT TO
BRAIN & MENTAL
HEALTH



Walk together.

End Alzheimer's.

Let's make a difference
in our communities
and create lasting impact.

Current Team Members

Conrad

Rosie

Sophie